

Nutrition Facts

Serving Size Entire Recipe 139g (139 g)

Amount Per Serving

Calories 370

Calories from Fat 169

% Daily Value*

Total Fat 19g 29%

Saturated Fat 8g 39%

Trans Fat 1g

Cholesterol 83mg 28%

Sodium 440mg 18%

Total Carbohydrate 21g 7%

Dietary Fiber 1g 4%

Sugars 3g

Protein 27g

Vitamin A 2% • Vitamin C 0%

Calcium 14% • Iron 20%

*Percent Daily Values are based on a 2,000 calorie diet.
Your daily values may be higher or lower depending on
your calorie needs.